



Shotokan Karate Organisation

www.sko.org.uk

SKO
presents

USKK European Championships 2010

DATE: Sunday 28th March 2010
VENUE: Featherstone High School Sport Centre
Montague Way, Southall, Middlesex UB2 5HF
020 8843-0984

Registration: 9.00am (by club coaches only)

Kata & Kubudo: 9:30am

Kumite: 12:30pm

Finish approx: 6:00pm

*Entry fees: £10-00 per individual event (if all 3 events entered then £25-00)
& £25-00 per team*

COMPETITION DETAILS

KATA:

Kata competition for all 9th – 8th kyu grades will be one round to determine 1st, 2nd & 3rd places.

For all 7th kyu – 4th kyu grades there will be two rounds where the top 50% will perform a second different kata and the accumulated scores will determine 1st, 2nd & 3rd places. The Masters kata for over 40 years 4th dan and above, will also follow this 2 round format.

For all 3rd kyu and above grades there will be three rounds where the top 50% will perform a second different kata and the top three contestants will perform a third different kata. The scores for each round will be accumulated to determine 1st, 2nd & 3rd places.

In the event of a draw the scores from the previous round/s will be considered.

KUMITE:

WKF based rules for kumite. Bouts will be 1½ minutes in duration for junior grades and 2 minutes for senior grades. Referees decisions will be final. Trophies will be awarded for 1st, 2nd and joint 3rd places. Gum shields and red/blue gloves are compulsory. Groin guards and shin pads are optional. Womens body shields are recommended.

For all under 16 events light contact to the body will be permitted and **no face contact** with punches will be scored and excessive contact to either area will be penalised. Touch contact will be scored for good technical kicks to the jodan area. For all over 16 events **light contact** with both punches and kicks to the jodan and chudan areas will be permitted with more tolerance to the body area.

Note for parents of children under 16, if you do not wish your child to be included in photographs for the sko website please advise.

Affiliated to **FEKO** (Federation of English Karate Organisations)

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Notes:

- Registration will take place between 9.00 – 9.30am. Start times: Kata 9.30am Kumite 12.30pm. Approx. finish time 6.00pm. **Entry for spectators is free.**
- WKF based rules for kumite. Bouts will be 1 $\frac{1}{2}$ minutes in duration for children & junior grades and 2 minutes for adult senior grades. Trophies will be awarded for 1st 2nd and joint 3rd places.
- Kata competition for all 9th – 8th kyu grades will be one round to determine 1st, 2nd & 3rd places. For all 7th – 4th kyu grades there will be two rounds where the top 50% will perform a second different kata and the accumulated scores will determine 1st, 2nd & 3rd places. The Masters category for over 40 years 4th dan and above will follow the same 2 round format. For all 3rd kyu and above grades there will be three rounds where the top 50% will perform a second different kata and the top three contestants will perform a third different kata. The scores for each round will be accumulated to determine 1st, 2nd & 3rd places. In the event of a draw the scores from the previous round/s will be considered.
- COACHES MUST SIGN THE DECLARATION ON THE ENTRY FORM. ALL COACHES AND COMPETITORS ARE RESPONSIBLE FOR ENSURING THAT THEY HAVE SUITABLE INSURANCE COVER IN PLACE. SKO WILL NOT ACCEPT ANY LIABILITY WHATSOEVER FOR ANY INJURY HOWSOEVER CAUSED OR FOR ANY LOSS OR DAMAGE TO PROPERTY.**
- Chest protectors are **recommended** for women. Red or Blue WKF style gloves and gum shields are **compulsory** for all kumite events and these must be in good **clean** condition. Boxes and soft shin pads are permitted.
- Club coaches must ensure that all competitors are entered in the correct age and weight categories. Coaches should ensure that their students are familiar with the competition rules.
- Club coaches and competitors must maintain good conduct and etiquette at all times. Only one club coach is permitted on the sidelines. All others not competing in that particular event **must use the spectator areas at all times.**
- The tournament organisers reserve the right to make changes to the events in the interest of safety and smooth running of the tournament.
- We will try and accommodate late entries on the day although it would be appreciated if entries could be received at least 3 days before the event.

Entry fees: £10.00 per individual event (if 3 events entered then £25-00 per student) & £25.00 per team. Cheques payable to SKO & sent to Paul Stouchbury, 139 Lowdell Close, Yiewsley, Middlx UB7 8RB U.K.

<mailto:paul.dojo@blueyonder.co.uk>

PH: 07775940025

- SKO and its organisers will not be liable for personal injury, or, any loss or damage to property.

Club Name:

Email:

Name of Club Coach:

Tel No:

Signed:

KATA Entry Form

1) Children 9th-8th kyu (M & F) U-16

2) Children 7th-6th kyu (M & F) U-16

17) Children 13 to under 16 (Male)

18) Children 13 to under 16 (Female)

TOTAL £

* Depending on the numbers and height differentials, in the interest of safety the tournament directors may decide to split the categories into two height divisions.

Adult Kumite

19) Men over 16 under 70kg, 9th-4th kyu

20) Men over 16 over 70kg, 9th-4th kyu

21) Men over 16 under 70kg, 3rd kyu & above

22) Men over 16 over 70kg, 3rd kyu & above

23) Women over 16 – all grades & weights

24) Team Kumite (Male over 16 only) (3 per team)
Team A:

Team B:
Team C:

* The tournament directors reserve the right to amalgamate the weight divisions in the event of a low number of entries.

TOTAL £

TOTAL ENTRY £

